



The Sloane Court Clinic

A private clinic in Chelsea, London providing psychiatric and psychological care.

The Sloane Court Clinic
11 Sloane Court West
London SW3 4TD

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Welcome to The Sloane Court Clinic

Overview

The Sloane Court Clinic provides treatment for an extensive range of psychological and psychiatric problems primarily in an outpatient setting, though inpatient treatment can also be provided, and also domiciliary and visits to other venues, including international visits.

We provide support to the healthcare departments of organizations such as national and transnational companies, small businesses, universities, and law firms (in occupational and civil law matters). Our patients come from across London, the UK and EU, and internationally.

As would be expected of a medical service, our service is confidential, and we are able to provide special arrangements for people who require more flexible and discreet access to psychiatric care.

The Sloane Court Clinic was founded by and is lead by Dr Roger Howells, consultant psychiatrist, formerly a consultant and trainer at the Maudsley Hospital. Dr Howells was trained in psychiatry at the Maudsley Hospital and is a former Lecturer at the Institute of Psychiatry. He graduated from the School of Clinical Medicine, Cambridge University where as a student he was awarded the university's Prize in Psychiatry. He is a Fellow of the Royal College of Psychiatrists.

Medical, psychiatric and psychological care is available. Occupational therapy and other professional disciplines are also available. Equal weight is given to the physical and emotional aspects of care. Where relevant physical tests and opinions are sought to exclude coexistent physical illness, and pharmacological treatments are employed. Equally such approaches are accompanied or supplanted by psychological therapies administered by skilled accredited clinical psychologists.

The clinic accepts patients who are children, adolescents and adults.

Treatment is conducted in English, though clinical psychological treatment can be undertaken in Greek, and we have available a growing and extensive network of colleagues offering treatment in other languages.

The Clinic is situated in a pleasant residential part of Chelsea and comprises a suite of comfortable contemporary architect-designed rooms.

The range of psychological (or 'psychotherapeutic') treatments ('therapies') undertaken are as follows:

- Cognitive Behavioural Therapy (CBT or Cognitive Therapy)
- Schema-focused therapy (SFT)
- Mindfulness-based cognitive therapy (MBCT)
- Dialectical-behaviour therapy (DBT)
- Problem-solving therapy
- Person-centred therapy (humanistic therapy)
- Cognitive-analytic therapy (CAT)

General Practitioners and Family Physicians

General Practitioners are encouraged to visit the Clinic and develop close working practices. We welcome feedback from general practitioners on the type of service that is most useful to their patients and Dr Howells and colleagues are pleased to give telephone advice on possible referrals or on clinical management issues.

Occupational Health

The Clinic has close working relationships with occupational health doctors and continues to develop this aspect of its work, welcoming the development of close working relationships.

Student Health

Students are frequently seen at the Clinic and the clinic has developed and continues to develop close working relationships with student health departments of universities. Dr Howells and colleagues are able to visit student health units to give advice and can lecture to counselling staff groups on relevant topics.

Liaison Psychiatry Services

Liaison with physicians – rheumatologists, cardiologists, endocrinologists, neurologists, dermatologists, and others, as well as with surgeons – is well established at the Sloane Court Clinic. We routinely work with medical and surgical colleagues across London, and in some cases internationally.

Further Contact Information

By mail to:

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By telephone to:

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By web site:

[Web Contact Form](#)

By e-mail to:

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View the Website in English: www.sloanecourtclinic.com

See a map of the location of the Sloane Court Clinic:	Go to Google Maps
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